



PSALM 51:1 Have mercy upon me, O God, According to Your lovingkindness; According to the multitude of Your tender mercies, blot out my transgressions. Vs. 2 Wash me thoroughly from my iniquity, and cleanse me from my sin. Vs. 3 For I acknowledge my transgressions, and my sin *is* always before me.

Vs. 10 **Create in me a clean heart, O God and renew a right spirit within me.** Vs. 11 Do not cast me away from Your presence and do not take Your Holy Spirit from me. Vs. 12 Restore to me the joy of Your salvation and uphold me *by Your* generous Spirit. Vs. 13 *Then* I will teach transgressors Your ways, and sinners shall be converted to You.

PSALMING PSALM 51 – REPENTANCE AND SPIRITUAL CLEANSING

Just as you wash your physical body, your soul also needs spiritual cleansing. It is confession and repentance that cleanses us from sin. It is the only remedy to wash away guilt and shame. Psalm 51 is David's psalm of repentance. To repent means to change your mind and turn from sin. When we fail to repent, sooner or later we will face unwanted consequences. However, if we come to God with a repentant heart and ask for forgiveness, we will experience His mercy and grace.

2 SAMUEL 12:7-10, Nathan the prophet confronts King David concerning his sin with Bathsheba. David made no excuse for his actions. He immediately confessed and repented before the LORD with the following prayer:

PSALM 51:1-2 *Have mercy upon me, O God, according to Your lovingkindness; According to the multitude of your tender mercies, blot out my transgressions. Verse 2 - Wash me thoroughly from my iniquities and cleanse me from my sin.*

TRANSGRESSION - Negative actions. To cross the boundaries of God's law.

INIQUITY - Inward corruption of the heart. Guilt, anger, perversion, lust, greed.

SIN - Rebellion and disobedience to God's laws and commandments.

ROMANS 3:23 - *FOR ALL HAVE SINNED AND FALL SHORT OF THE GLORY OF GOD.*

THE TRUE NATURE OF SIN:

Sin is seductive. It uses deception to appeal to your desire.
Creates the opportunity for sin and hides the consequences of your sin.

Sin is toxic. It will put you in a toxic (sick) state of mind. It will poison your soul and lead you to premature death. Sin is intoxicating. (to lose mental and physical control by reason on poisoning).

Sin is contagious. I will cause others to fall. It attempts to entice you to do wrong. It wounds you with bitterness and unforgiveness.

Sin is heartless. It doesn't care who gets hurt. It deadens the conscious and leads to a reprobate mind.

DAVID WAS BLESSED WITH AN OPPORTUNITY TO REPENT. Repentance takes away the curse of secret guilt and shame. It is the toxic effects of sin that can bring sickness to the body, depression to the mind and anxiety and chaos into the lives of many. Repentance leads to restoration.

TASK: WHY IS IT NECESSARY TO REPENT?

1. To restore your relationship with God. Isaiah 1:18a _____

2. To restore your spiritual power. Acts 2:38 _____

3. To restore your prosperity. Proverbs 28:13 _____

1 JOHN 1:9 - *If you confess your sins, God is faithful and just to forgive you and cleanse you from all unrighteousness.*